

Red flags:

(This is not an exhaustive list, nor are red flags limited to this list, so when in doubt, go to the hospital!)

You or a friend has hit their head. Someone always asks, "should I go to the hospital?" There are certain RED FLAG symptoms that if you observe them or experience them, please go to the ER immediately! If you are unsure, best to get checked out.

- One pupil larger than the other, double vision
- Severe or increasing headache
- Neck pain or tenderness
- Nausea / vomiting, convulsions, or seizures
- Loss of consciousness
- Inability to wake or extremely drowsy
- Slurred speech, weakness, numbness or decreased coordination
- Lack of memory (day, time, events leading up to accident)
- Unusual behaviour, increased confusion, restlessness, or agitation
- **For an infant / toddler:** the above + inability to console, will not stop crying, will not nurse or eat.

Getting a proper exam from a trained professional, even if you don't experience these symptoms, is highly recommended!